### Instructions for Student Annual Medical Checkup 2018

<table>
<thead>
<tr>
<th>Location and Date</th>
<th>April 9 (Mon) – April 12 (Thu)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Care Center (HACC Toyonaka)</td>
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<tr>
<td>Health Care Center (HACC Minoh)</td>
<td>April 16 (Mon) and the morning of April 17 (Tue)</td>
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<tr>
<td>Health Care Center (HACC Suita)</td>
<td>April 19 (Thu) – April 26 (Thu) (Closed on Saturday and Sunday)</td>
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#### Reception Time
- 10:00am – 3:00pm (Including Lunch Time)

#### Estimated Necessary Time
- 20 – 30 min. (without congestion)

### Eligible Applicants
- Please refer “Guidance for Student Annual Medical Checkup in 2018” distributed by your department and KOAN

#### QR Code Access
- Health Care Division, Health and Counseling Center (HACC) Osaka University

### You must:
- Complete “Web-based Medical Questionnaires” in advance.
  - You can find the link to the questionnaire from our homepage (Health Care Division, HACC Osaka University).
  - The link will be active from April 1.
  - Osaka University Personal ID and the password is required to answer the questionnaire.
- *If the questionnaire is not finished beforehand, you cannot undergo the checkup!*

### Process of Medical Checkup:
- Urinalysis: Bring your first morning urine sample in “pee pole” (See below for details)
- Chest X-ray exam
- Body weight, height and blood pressure (optional: Eyesight test)
- Health interview (based on the Web-based Medical Questionnaires)

### What to bring:
1. Student ID Card
2. Urine sample
   - You can take the urine collecting bottle “pee pole” at your department office from the beginning of April.
   - Collect first urine sample taken in the morning on the day of your Checkup.
   - Signature on your pee pole is not required.
- *You are not allowed to use the restroom in Health Care Center to collect urine sample.*
- *In the case of menstruation: Collect urine sample following the instructions above and let the tester know about it before the test.*

### Notes:
1. In physical measurement (height/weight) and Chest X-ray exam, you need to take off your shoes and clothes.
   - Please take all accessories off in advance. It is advisable not to wear boots or a dress.
   - Chest X-ray examination can be performed with a plain-colored T-shirt without any patterns, drawings, beadwork, metal fittings, lame and buttons.
2. Those who need shortly the certificate of your Chest X-ray exam for the purpose of practical trainings should undergo the Chest X-ray exam on April 9. The result of Chest X-ray exam will be issued at each branch of Health Care Center on May 2.
3. Long waiting time should be taken into account at any day from 11:30am to 1:30pm and the last days of Checkup (April 12 at Toyonaka and 26 at Suita). We would recommend you to schedule your Checkup date at your earliest convenience.

### Certificate of Medical Checkup and the result:
1. The Certificate of Student Annual Medical Checkup 2018 will be available from June 1 at each branch of Health Care Center or the automatic certificate issuing machine. You can also check the result on KOAN website.
2. The health certificate for the school year of 2017 will not be issued, if you did not attend the current Checkup.

### Important Information
- The medical checkup is mandatory for students at Osaka University. (Regulations of Osaka University Medical Checkup)
- Students who failed to attend the current checkup must submit a copy of your health certificate issued in 2018 to your department office till the end of June. It must cover all examinations listed above.
- Graduate students and Research Students who work at outside institutes can substitute the medical certificate issued by the workplace for our Checkup.

### Other matters
- If we need to consider your situation in Medical Checkup (e.g., wheelchair, use of stick, requiring a helper, consideration for changes of your clothes), please contact the branch office in advance where you will take Medical Checkup.
集団の健康診断を受検するにあたり、配慮が必要な場合はご相談ください。

If you need some consideration during your Medical Checkup, please contact the office in advance.

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Health and Counseling Center (HACC)
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